



## Human Services Major Graduation Plan

Student Name \_\_\_\_\_ Faculty Advisor \_\_\_\_\_ Degree/Major \_\_\_\_\_

Student ID# \_\_\_\_\_ Professional Advisor \_\_\_\_\_ Minor (If Applicable) \_\_\_\_\_

Students are not limited to this plan; it is meant to be used as a guide for planning purposes in consultation with your advisor. The sample schedule is one possible path to completing your degree within four years.

### Freshman Year

#### Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HMS 200	Intro to Human Services		3		
SOC 100 OR SOC 150	Intro to Sociology  Social Problems		3		
GS 100	University Experience		1		
ENGL 101	Composition 1	Might need to take remedial with Basic Writing combo	3		
MATH 103 OR MATH 114	Mathematical Reasoning  College Algebra	Might need to take remedial combos or MATH 101 depending on test scores	3		
A&H Gen Ed	Arts & Humanities Gen Ed		3		
<b>Total Fall Credit Hours</b>			16		

#### Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
PSYC 101	General Psychology		3		
Nat. Sci. Gen Ed	Class + Lab		4		
ENGL 201	Composition 2		3		
CMST 101	Fundamentals of Speech or other Speech Gen Ed		3		
A&H Gen Ed	Arts & Humanities Gen Ed		3		
<b>Total Spring Credit Hours</b>			16		

### Sophomore Year

#### Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HMS 351	Case Management		3		
HMS Elective	Emphasis Elective		3		
Minor or Double Major Course			3		
Nat. Sci. Gen Ed	Class + Lab		4		
A&H Supportive	Arts & Humanities Supportive Elective course for major		3		
<b>Total Fall Credit Hours</b>			16		

#### Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
SOC 350	Race & Ethnic Relations		3		
HMS Elective	Emphasis Elective		3		
SS Supportive	Social Science Supportive Elective course for major		3		
Minor or Double Major Course			3		

**Information Subject to Change. This is not a contract.**



Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
Minor or Double Major Course			3		
<b>Total Spring Credit Hours</b>			15		

**Junior Year**

**Fall**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
SOC 307	Research Methods		3		
PSYC 451	Psych of Abnormal Behavior		3		
HMS Elective	Emphasis Elective		3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
<b>Total Spring Credit Hours</b>			15		

**Spring**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
PSYC 452	Psych of Trauma		3		
HMS Elective	Emphasis Elective		3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
<b>Total Spring Credit Hours</b>			15		

**Senior Year**

**Fall**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
SOC 400	Social Policy		3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
<b>Total Fall Credit Hours</b>			15		

**Spring**

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
HMS 400	Program, Planning & Evaluations		3		
HMS 494	Internship		3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		
Minor or Double Major Course			3		

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Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
		<b>Total Spring Credit Hours</b>	15		

**Comments/Notes**

Notes:

**Good Minors or Double Majors:** AIS, SOC, PSYCH, SPAN, POLS, BUS, MCOM,

Idealist.org – non profit opportunities

Interested in Grad school? Take SOC 308 – Research Methods II – BHSU food insecurity study (could be a sub for emphasis elective)

Grad School: Public Health, Social Work, Public Administration, Counseling